



# Grade 9

## Course Selection Form

Legal Last Name:	Legal First Name:
Parent Signature:	Student Signature:

### Course Selection Table

French Immersion	<input type="checkbox"/>	Check the box if you are a <b>FRENCH IMMERSION</b> Student. You will be enrolled in French LA 9 and French Social 9.	
P3 Hockey Academy	<input type="checkbox"/>	Check the box if you are interested in the P3 Hockey Academy. You must fill out the application form as well.	Fee _____

**Required Courses:** Grade 9 students will be automatically enrolled in **Language Arts, Social Studies, Mathematics, Science and Physical Education/Health & Life Skills.**

**Option Courses:** You are able to select **4 option courses**. Options must have sufficient enrollment in order to be offered in the timetable. **Please select your choices from the list in order of preference.**

**YOU ARE NOT GUARANTEED TO GET THESE OPTIONS. Choices are dependent on space availability.**

**French Immersion Students:** FI takes up 1 of your option choices; please write it in one.

**Band Students:** Band takes up 2 of your option choices; please write it in twice.

**P3 Hockey:** Also takes up 2 of your option choices; please write it in twice. **(Must Fill out Application with P3)**

	Option Course Name and Number	Cost
Choice #1		
Choice #2		
Choice #3		
Choice #4		
Alternate		

If you wish to discuss any part of your student's registration, please contact Ms. Mensah (Assistant Principal) at Cochrane High School (403) 932-2542

**This form is due back at your School on Thursday, March 12<sup>th</sup>.  
Students who are not attending their designated school, must complete an  
Out-of-Arrivance Area Application.**

**You are invited to come to our Open House on Thursday, March 5<sup>th</sup> at 5-7pm**

# Brief Descriptions of Courses

**A more detailed description of each course can be found on our website under “Registration”**

*The fees are based on the 2019-20 school year and are subject to slight changes. Courses may also have optional field trip fees.*

**Art 9** **Fee: \$39.00**  
 Students in Art 9 will participate in a variety of units such as: painting, sculpting, drawing, printmaking, and mixed media collage. Students will learn to organize and present their work in a portfolio format.

**Construction Technology 9 (Safety glasses are required)** **Fee: \$30.00**  
 This course provides students with an opportunity to develop skills in the areas of woodworking and graphics in preparation for high school CTS courses.

**Drama 9** **Fee: \$15.00**  
 Drama aims to develop the whole person by giving form and meaning to experience through “acting out”. Drama fosters positive group interaction as students learn to work collaboratively in order to solve shared problems.

**Foods 9** **Fee: \$50.00**  
 This is an introductory cooking class that covers the following topics: Food and Kitchen Safety, Metric and Measuring, Food Preparation, Time Management, Nutrition Awareness, Canada’s Food Guide and Meal Planning.

**French as a Second Language (FSL) – One Term** **Fee: \$20.00**  
 Basic skills in listening, speaking, reading, and writing will be developed throughout the course. Emphasis will be placed on oral skills and therefore participation is very important.

**Instrumental Music 9** **Fee: \$45.00**  
 The instrumental music program is a year-long course of study that provides the student with a comprehensive introduction to music performance. Along with performance skills, there is a component of music theory & history as it pertains to the performer. For more information see our website: [www.cochranehighmusic.com](http://www.cochranehighmusic.com)

**Leadership 9** **Fee: \$21.00**  
 Designed to develop leadership skills within all students. The goal is to enable students to be more confident in themselves and their abilities to become leaders in their school and community.

**Mechanics 9 (Safety glasses are required)** **Fee: \$39.00**  
 Students will be introduced to safety, mechanics tools and equipment and internal combustion engine fundamentals. In the fabrication module of the course students will learn how to use an electric welder, oxy-acetylene equipment, the lathe, sand casting furnace and the gas fired forge.

**Mechatronics 9** **Fee TBD**  
 This term course will concentrate on design thinking and basic technical design (2-D and 3-D rendering, 3-D printing), electrotech (circuitry and soldering) and computer sciences (basic coding and robotics). Students will use these skills to solve real-world problems that exist in the world around them as all the modules come together in a final project.

**Outdoor Education 9 (Wildlife)** **Fee: \$15.00**  
 The Outdoor Education program is a student-centered program designed to enhance the participant’s learning ability, self-confidence, and self-discipline. The student will learn to utilize the great outdoors as a classroom and incorporate many skills to live an active and healthy lifestyle.

**P3 Cochrane Hockey Academy** (Payable to P3 Sports) **Fee TBD**  
 For students with an aspiration for high intensity training towards their hockey career. This program has been developed as a user pay model and students wishing to participate will be required to pay a fee to enroll.

**Positive Psychology** **Fee: \$10.00**  
 This unique course will focus on the science of stress, test anxiety reduction and study skills techniques, social and emotional learning strategies, coping strategies, and regular heart-focused breathing sessions using HeartMath biofeedback sensors. Students will have access to the sensors each class and will learn how to use the breath to calm down and refocus, helping them to better manage stress and test anxiety.

**Photo 9** **Fee: \$10.00**  
 Students will learn the basics of photography. They will learn the difference between taking a snapshot and capturing a Photograph. They will learn how to edit their photos using Adobe Photoshop.

**Sports Performance 9** **Fee: \$50.00**  
 The goal of Sports Performance 9 is to give students the confidence, knowledge and skills to safely participate in introductory sports training in the weight room facility.

Grade 9 - J Block Courses **			
<b>Platinum Band(Jazz Band)</b>	<b>\$45.00</b>	<b>Choral Music</b>	<b>\$45.00</b>

**\*\* J-Bock classes occur outside of the regular timetable. Classes will be held in the AM prior to school or PM after school. Please be advised that all option courses are subject to available space and sufficient enrollment for them to run.**