
Cochrane High School



Scholarship Booklet

Cochrane High School
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Scholarships by Deadline

The following scholarship list is just a sample of what is available. Please take time to do personal research to discover other scholarships that may suit your particular situation. Once you select a post-secondary institution, apply for scholarships directly with that institution.

****Some of these deadlines, details, amounts, and scholarships may have changed. Be sure to check the links to confirm all important details.**

September

Foundation for the Advancement of Aboriginal Youth

<https://www.ccab.com/awards/>

Alberta Blue Cross Aboriginal

<https://www.ab.bluecross.ca/aboutus/aboriginal-scholarships.php>

October

Earl & Countess of Wessex

(athletic scholarship for track & field; only 2 \$3000 awards available)

<https://accessscholarships.com/scholarship/earl-and-countess-of-wessex-world-championships-in-athletics-scholarships/>

Loran Award

No longer a nominated award. Apply directly through the website below.

<http://www.loranaward.ca>

November

Fellowship for Full Time Studies in French

<https://www.scholarshipscanada.com/Scholarships/66/Fellowship-for-Full-time-Studies-in-French>

TD Scholarships For Community Leadership

<https://www.tdcanadatrust.com/products-services/banking/student-life/scholarship>

Terry Fox Humanitarian Award

<http://www.terryfoxawards.ca/>

December

Dalton Camp Award- Essay

<http://www.friends.ca/dca>

RBC Royal Bank Scholarships

<http://http://www.rbc.com/essay/>

Queen's University Chancellor Scholarship (Nominated) (requires CHS application package)
<https://www.queensu.ca/studentawards/admission-awards/major-admission-awards>

January

Calgary Stampede-Western Art Show Scholarships
<https://corporate.calgarystampede.com/foundation/programs/scholarships>

Dr. George McQuitty Memorial
<https://form.jotform.com/202334672754254>

Schulich Leaders (Nominated) (requires CHS application package)
<http://www.schulichleaders.com>

CPA Chartered Professional Accounting (Various) (Deadline January 31, 2025)
<https://www.cpaalberta.ca/Foundation/Support-Programs-and-Scholarships/Scholarships/CPA-PEP-Scholarships/>

February

ExploraVision Awards
<https://studentscholarships.org/scholarship/9625/exploravision-awards>

National Scholarship Western University
http://registrar.uwo.ca/student_finances/scholarships_awards/national_scholarship_program.html

March

Re/Max Quest for Excellence Essay
<https://blog.remax.ca/quest-for-excellence/>

Dr. MacEwan Literary Arts Scholarship
<https://www.afta.ab.ca/funding/find-funding/dr-macewan-literary-arts-scholarship>

Provincial 4-H Scholarships
<https://www.4hab.com/scholarships/>

April

Gloria Barron Scholarship Prize
https://studentscholarships.org/scholarship/8845/gloria_barron_prize_scholarship

Canadian Agri-Business Education Foundation Scholarships
www.cabef.org

Cochrane & Area Humane Society
<http://www.cochranehumane.ca/kids-programs-education/>

Inter Pipeline Fund Discovery Award (Nominated) (requires CHS application package)
<http://www.interpipeline.com/ourresponsibility/communityinvestment/discovery-awards-program.cfm>

Local/School Scholarships

Brett Binder Leadership Award
Cochrane Lions Club
Danielle Kendall Memorial Scholarship
Kristen Coutts Memorial Scholarship
Matt Krol Memorial Fund
Cochrane High School Class Act
Spray Lakes Career Development Scholarship

*See criteria for each of these scholarships below

May

Visual Arts Alberta Association
<https://studentaid.alberta.ca/scholarships/arts-graduate-scholarship/>

Alexander Rutherford (Grade 12 Year; No deadline)
<https://studentaid.alberta.ca/scholarships-and-awards/alexander-rutherford-scholarship/>

Bearspaw Foundation Bursary (see details below)

Cochrane Home Treasures Bursary (see details below)

Orville Erickson Memorial
<https://www.scholarshipscanada.com/Scholarships/14821/ClassicRedirect>

Monsanto Canada Inc.
<https://lchs.lpsd.ca/download/17087>

The Calgary Foundation (Bates Wardle) Lifeguard scholarship
<https://calgaryfoundation.org/?s=bates+wardle>

Richard Haskayne Scholarship
<https://sinneavefoundation.org/about-us-sinneave/scholarships/richard-haskayne-scholarship/>

Mike Bigland Memorial Scholarship
<http://cochraneminorhockey.com/>

June

Cochrane Activettes Bursary

<https://www.cochraneactivettes.com/bursary/>

Dr. Ernest & Minnie Mehl Scholarship

<https://studentaid.alberta.ca/scholarships/dr-ernest-and-minnie-mehl-scholarship/>

Nelson Civic Leadership Scholarship

<https://pages.nelson.com/scholarship/>

Federation of Alberta Gas Co-Ops Ltd. Achievement Award (Awarded in the **fall** after graduation)

https://www.fedgas.com/uploads/files/Federation_Achievement_Award%20sponsored%20and%20administered%20by%20ABmunis.pdf

Got a Spine Scholarship

<https://www.studentscholarships.org/scholarship/10635/got-a-spine-scholarship-scholarship.php>

Rocky View Teachers' Scholarship (see details below)

RAP Scholarships

<https://tradesecrets.alberta.ca/apprentice-services/get-financial-support/scholarships/high-school-apprenticeship-scholarships/>

Citizenship Scholarships from Alberta Government

<https://studentaid.alberta.ca/scholarships/alberta-citizenship-award/>

Unified Sports

<https://www.asaa.ca/sport-info/special-olympics-unified-sports/awards-and-recognition>

July

APEGGA (Association of Professional Engineers)

<https://www.apega.ca/educators-students/educators/innovation-education-awards>

VAD - Voice of Albertans with Disabilities

<https://vadsociety.ca/participation/>

August

Anna & John Kolesar Memorial (Heritage)

<https://studentaid.alberta.ca/scholarships/anna-and-john-kolesar-memorial-scholarship/>

Keyera Energy – Peter J. Renton Memorial Scholarship

<https://studentaid.alberta.ca/scholarships/keyera-energy-peter-j-renton-memorial-scholarship/>

Scholarships for Students with Disabilities

Disability Awards - this is a search engine filtered by province, school, etc.

<http://www.disabilityawards.ca>

April

Shire ADHD Scholarship

<http://www.shireadhd scholarship.com>

May

Learning Disability or ADHD

<https://www.ldalberta.ca/get-involved/scholarships>

Association of Universities & Colleges of Canada

<https://juno.aucc.ca/wes/hes.aspx?pg=934&oth=0001442016>

July

VAD Society – Education for Life Bursary

<http://accd.net/what-we-do/bursaries-and-awards>

Once in Post-Secondary

November

Council for Exceptional Children

<http://www.cec.sped.org/About-Us/CEC-Award-Programs>

Alexander Rutherford High School Achievement Scholarship

(apply independently)

Value:

Up to \$2,500

Eligibility:

To receive this scholarship, you must meet all of these eligibility criteria:

- be a Canadian Citizen, a permanent resident of Canada or have protected person status under **Canada's Immigration and Refugee Protection Act**
- be an Alberta resident; you or your parent(s) must have resided in Alberta during the qualifying grade(s)
- be enrolled in, or have completed 60% of a full course load in a post-secondary program of at least one semester in length, or an apprenticeship program.

*Applicants must also have completed high school on or after September 30, 1980. Selection:

A student must have a minimum combined average based on five designated courses in at least one grade: Grade 10, 11 or 12. A student does not need to meet this average in all three school years or in all courses to qualify for a portion of the scholarship. The minimum average, value of the award, and courses that can be used depend on the year the student graduated. For further information, see:

- [Alexander Rutherford Requirements](#)

How to Apply

The new online application for Alexander Rutherford is now available. You can apply online through the Students Finance System (SFS) on the Student Aid Alberta website. To find out more about what you need to apply, visit:

- [How to Apply](#)

When applying online in Students Finance System (SFS: Login), please select the following:

- **Rutherford Scholarship**

Deadlines:

No more application deadlines! Apply online anytime – once you have been accepted by your preferred post-secondary institution.

*You cannot usually apply earlier than August of the year you graduate.

Local Scholarships

These are subject to change from year to year
Updates to this list may occur throughout the year if needed.

ATA Rocky View Teachers' Scholarship (apply independently)

Number Available: 2

Value: See ATA website for more information

Conditions & Criteria: A student graduating from a Rockyview high school **OR** a student who has a parent that teaches in Rockyview. Must attend a Post-Secondary Program. Criteria and application can be found on the ATA website (Rvata35.ca).

Application Deadline: June 1st - Application on-line

Bearspaw Foundation Bursary (requires CHS application package and Bearspaw form)

Number Available: 1

Value: \$7,500 with possible renewal for up to 4 years

Conditions & Criteria: Open to graduates of Cochrane High School or Bow Valley High School who are planning to pursue careers in education, engineering, science, or medicine, and any of the associated services or technologies. This would apply to attendance at both Universities and Technical Institutes. Applicants must be Canadian Citizens. The intent of the bursary is to make it possible for an individual to attend a post-secondary institution without imposing extreme financial hardship therefore financial need and information will be requested. [Complete the application form](#) along with the CHS application package and submit both to Cochrane High Guidance Department or Assistant Principal.

Application Deadline: April 1st

Brett Binder Leadership Award (requires CHS application package)

Number Available: 1

Value: \$1,500

Conditions & Criteria: The award is to be given to a current or former graduate from Cochrane High School enrolled in a post-secondary institution. The individual has demonstrated leadership by voluntarily coaching school or community sports. The applicant should also be an outstanding role model who reflects compassion, courage, persistence, and a strong work ethic, all embodied in a spirit of humility.

Application Deadline: April 1st

Cochrane & Area Humane Society (apply independently)

Number Available: Up to four (4)

Value: \$1000.00

Conditions & Criteria: There may be up to four (4) \$1,000 scholarships awarded each year. These will go to students who are in Grade 12 within the Cochrane & Area Humane Society Service area; have been accepted at a post-secondary institute to pursue a career in a field related to human or animal care, health, medicine, or education and have completed meaningful volunteer hours at the Cochrane & Area Humane Society; and have demonstrated participation in extracurricular activities, school sports or part time employment. Apply on the Cochrane Humane Society website:

<http://www.cochranehumane.ca>

Application Deadline: April 1st

Cochrane Activettes (apply independently)

Number available: 2

Value: \$3500.00 each – tuition & compulsory fees as requested for a program in any post-secondary school

Conditions & Criteria: Applicants must:

- be attending or have attended a high school program in Cochrane and be 21 years of age or younger as of the application deadline
- must have Canadian citizenship/Permanent residency
- have received either a certificate of high school achievement or high school diploma
- have a conditional letter of acceptance from a post-secondary school or be attending a post-secondary school.
- Provide two reference letters (character or employment)
- be experiencing financial difficulty.
- have provided volunteer hours within the Cochrane Community

(e.g., the Cochrane Clothesline, the Cochrane Food Bank, Share Your Christmas, etc.)

Application deadline: June (check the Cochrane Activettes website for the current year's deadline)

Application available on Activettes website and must be emailed directly back to the Activettes

- A committee made up of members of the Cochrane Activettes will select the final recipient
- Short-listed applicants may be interviewed by members of the Bursary Committee
- Family members of current Activettes will not be eligible to apply for this Bursary
- Members of the Bursary committee will excuse themselves if they know any of the applicants
- The bursary will be presented at a Cochrane Activettes General Meeting and the media will be notified.

Cochrane Home Treasures (requires CHS application package)

Number Available: 1

Value: \$3000.00

Conditions & Criteria: Funding to further education in some way (upgrading, technical school, college, university, etc.). Please submit the following information to Guidance and include a recent copy of your DAR:

- What program you are applying for and where
- Letter of intent (future goals)
- Teacher's letter of recommendation
- Community service

Application Deadline: April 1st

The CHS scholarship committee will choose a recipient and forward it to Cochrane Home Treasures.

Cochrane High School Class Act (requires CHS application package)

Number Available: 1

Value: \$750

Conditions & Criteria: The successful applicant will be one of the school's best citizens, the student who makes our school a better place every day. They may be someone working quietly behind the scenes or someone frequently in the spotlight. In essence the student is one whom other students rely on, the "make it happen" person. The student will also take their studies seriously and work hard to achieve their personal best.

Application Deadline: April 1st

Cochrane Lions Club (requires CHS application package)

Number Available: 1

Value: \$1,000

Conditions & Criteria: For a student who **has attended a Cochrane High school for at least 3 years** and is planning on furthering their education in any field of study at an approved place of Education. i.e. SAIT, Mount Royal University, etc. Preference will be given to a student who may have financial difficulty funding their further education and who has given some meaningful volunteer hours within the Cochrane area. The student should also have made an attempt to partially fund their education by working a part-time job. Must submit a 200-word essay describing why you are a good candidate for this scholarship as well as your financial need.

Application Deadline: April 1st

Danielle Kendall Memorial Scholarship (requires CHS application package)

Number Available: 1

Value: \$500

Conditions & Criteria: Open to Grade 12 graduates only. Applicant will be a graduate of the French Immersion program or has studied a second language throughout their high school career who is furthering their education in any field of study at an approved place of Education. i.e. University, SAIT, Mount Royal University, etc. Preference will be given to a student who may have financial difficulty funding their further education and who has given some meaningful volunteer hours within the Cochrane area. The student should also have made an attempt to partially fund their education by working a part-time job.

Application Deadline: April 1st

Inter Pipeline Fund Discovery Award (requires CHS application package)

Number Available: 1

Value: \$2000

Conditions & Criteria: Nominated Award open to graduating students who have demonstrated consistent academic achievement and have contributed to their school/community. Students must be registered in one of the following areas: • Accounting / Business / Law • Finance / Investor Relations • Machinist, Millwright and other apprenticeships • Public / Community Relations • Automated Systems Engineering Technology • Engineering & Engineering Technology • Process Operations • Oil & Gas trades.

Financial need is also a consideration.

Application Deadline: April 1st (School applies on behalf of the nominated student)

Kiwanis Club of Cochrane (requires CHS application package)

Number Available: 1

Value: \$1000

Conditions & Criteria:

- Recipients must be full time students in good standing registered at any Post-Secondary Institution in Canada.
- The Scholarship will be presented in person and given in recognition of volunteer community service and leadership activities undertaken or in the community, with other factors including financial need, scholastic achievements, and the applicant's reference letters.
- Applicants MUST be residents of the Town of Cochrane at the time of the application.

Application Deadline: April 1st. Application should be available in the Guidance Office in the spring.

*CHS scholarship committee will submit the applications to Kiwanis on behalf of students.

Kristen Coutts Memorial Scholarship (requires CHS application package)

Number Available: 1

Value: \$1000

Conditions & Criteria: To recognize any female student completing the French Immersion Program at Cochrane High School. The applicant will be pursuing a post-secondary education. The applicant should have a demonstrated history of compassion and caring as shown through peer relations, volunteer work and or membership in school or community organizations.

Application Deadline: April 1st

Matt Krol Memorial Fund (requires CHS application package)

Number Available: 1

Value: Amount varies (Approximately \$500)

Conditions & Criteria: To recognize a Cochrane High School Graduate who participates in community and school athletics and who will be attending a post-secondary institution.

Application Deadline: April 1st

Meaghan Kate Foley Memorial Scholarship (requires CHS application package)

Number Available: 1

Value: \$2000.00

Conditions & Criteria: The award is to be given to a student at Cochrane High who is completing either a certificate of achievement or diploma and has been accepted into a technical school apprenticeship program or post-secondary. Preference will be given to those entering a trade. Academic marks are not a focus for this award. Preference will also be given to a student who has struggled with a challenge: physical, mental, emotional, financial, etc.

Please submit the following information to Guidance:

- 250-word (or less) Essay describing challenges (physical, mental, emotional, financial, etc.)
- Letter of acceptance or proof of apprenticeship
- Letter of recommendation

Application Deadline: April 1st

The Foley Family or the CHS scholarship committee will choose a recipient.

Merrilie Stonewall Award (requires CHS application package)

Number Available: 1

Value: \$ 500.00

Conditions & Criteria: To recognize a Cochrane High School Graduate who demonstrates a passion for music, concert band, and the performing arts. The student must successfully complete a minimum of one calendar year in concert band, complete Music 30 and participate in at least one CHS Musical Production. Speak to band/Theatre teachers if interested in this award.

Application Deadline: April 1st (based on the nomination of the Theatre and Music department)

Provincial 4-H Scholarships (apply independently)

Number Available: Varies according to need /number of applications – many available

Value: Varies

Conditions & Criteria: A 4-H member must include a photograph of yourself (head and shoulders only about a passport size). Must be planning to enrol in Agriculture or an Agriculture-related leadership skills, community involvement and scholastic achievement. <https://www.4hab.com/scholarships/>

Application Deadline: May (See website for specific date)

Rotary Club of Cochrane U-Start Bursary (requires CHS application package)

Number Available: 1

Value: \$5,000

Conditions & Criteria: Grade 12 graduate who is a Canadian citizen and has been accepted into a Canadian post-secondary institution for a degree, diploma, certificate, or trades. Application must clearly demonstrate financial need as well as satisfactory academic achievement. The intent of this bursary is to make it possible for an individual to attend a post-secondary institution without imposing extreme financial hardship. The cheque will be issued directly to the post-secondary institution upon proof of enrolment.

Application Deadline: April 1st

The Royal Canadian Legion Ladies Auxiliary Alberta (apply independently)

Number Available: Undetermined, dependant on qualified applicants

Value: \$500.00

Conditions & Criteria: For Alberta and NWT students entering first year University, Schools of Technology and Art, Nursing Programs, and all recognized colleges. Must be a graduate of the previous or current year. Must have had a parent, grandparent, or great grandparent in the service.

<http://www.laabnwtleion.com/>

Application Deadline: August (See website for specific date)

West Fraser (formerly Spray Lakes) Career Development Scholarship

(requires CHS application package)

Number Available: 1

Value: \$500.00 each

Conditions & Criteria: This award is accessible to students of Cochrane High School who plan to pursue a post-secondary education in a minimum of a two year program. The student must demonstrate a basic academic competence (70% average) and through their application submission provide evidence of being a well-rounded individual.

Application Deadline: April 1st

West Fraser (formerly Spray Lakes) Career Development (Forestry) Scholarship

(requires CHS application package)

Number Available: 1

Value: \$500.00

Conditions & Criteria: This award is accessible to students of Cochrane High School who plan to pursue a post-secondary education in a Forestry related program. The student must demonstrate a basic academic competence (70% average) and through their application submission provide evidence of being a well-rounded individual.

Application Deadline: April 1st

Spray Lakes Sawmills Recreation Park Society Board of Directors Scholarship

(apply independently)

Number Available: 2

Value: \$1500 each

Conditions & Criteria: This award is accessible to male and female students who have played with teams or user groups or been a regular member of the facility of SLS RPS. Students need to show leadership, sportsmanship, academic proficiency and be entering their first year of post-secondary studies. Complete the application form and return to Spray Lakes Recreation Centre by the deadline (form at bottom of webpage: <https://www.slsfamilysportscentre.com/about-us>)

Application Deadline: April 1st

Bearspaw Foundation Bursary

(requires CHS application package and Bearspaw application form)

An engineer by training, Guest was involved in the oil and gas industry during his working life. Looking to move from the city while his children were young, Guest purchased in one of the first subdivisions in Bearspaw, behind the current school. When his children finally graduated from Cochrane High School, he took to travelling, venturing across the globe to places frozen and places stone-age.

Mr. Guests' experience in the Battle of Belgium in the Second World War influenced him to help others in need, people who society had passed by, a notion he continued throughout his retirement years. Guest has spent many years donating his wealth to those in need. Among an extensive list that includes large, frequent donations to the Calgary Drop-In Centre and other agencies is an annual bursary for high school students. The intent of this bursary is to help a student graduating from Cochrane whose parents/guardians are unable to finance attendance at a post-secondary institution in Canada.

Scholarship Amount: \$30,000 (\$7500 maximum/year for four years) Depending on the program length, maintaining an acceptable academic standard, and the continuation in the designated fields of study as described below.

Applicant criteria:

- Open to Grade 12 graduates of either Cochrane High School or Bow Valley High School who are Canadian citizens.
- Applicant has been accepted for entrance into Canadian post-secondary study in the Faculties of *Education, Engineering, Sciences, or Medicine or the associated services and technologies.*
- *CHS Application Package* that can *demonstrate financial need* as well as *academic achievement*. The intent of this bursary is to make it possible for an individual to attend a post-secondary institution without imposing extreme financial hardship which must be addressed in the application package.
- Application Procedure: Complete the application from this [LINK](#) or use the form below.
- Application Deadline: **April 1st of grade 12 year**, to be awarded at the annual June Awards Ceremony (Sharing of the bursary is at the discretion of the committee)
- Subsequent Years and Completion of the Bursary: The awarded recipient must submit a transcript of marks to the Rocky View Schools Financial Department before August 15th of each year as well as a confirmation of registration for the next school year before the bursary is dispensed.

Send your completed application to the office/guidance.

Cochrane High

Bears paw Legacy Foundation Bursary Application form

The bursary is intended for students graduating from Cochrane High School and whose parents/guardians are unable to finance attendance at a post-secondary institution in Canada. The award will be made by a Selection Committee whose decision is final. It will be based on financial need, academic standing, and local enquiries.

Applications must be filed with the Career Advisor and must be in their office NO later than April 1st to be considered. Applications must be accompanied by a current high school record (Detailed Academic Report). A student portfolio is requested with the application form. Please see Career Advisor if you have questions. **Please print when completing the following information:**

Name: _____
(Surname)(Full Given Names)

Address: _____
(Town/City)(Province) (Postal Code) (Phone Number)

Date of Birth: _____

Parent 1 Occupation:

Parent 2 Occupation:

Post-Secondary Institution to be attended: _____ Faculty: _____

Area of Study: _____

Explain your career goals and your reasons for making this application. In order to make a fair decision, we need detailed information on the financial background of the family. The intent of the scholarship is to make it possible for an individual to attend a post-secondary institution without imposing extreme financial hardship. Please explain how this applies to your situation. **Please attach this explanation on a separate piece of paper using 250 words or less.**

Scholarships that may still be open if you take a GAP Year

*This list does not include local scholarships and some school nominated awards

Loran Award

Immigrants of Distinction Award - Youth

Dalton Camp Award

United World Colleges

Alexander Rutherford

Burger King McLamore Foundation

Herbert H. Carnegie Future Aces Foundation Scholarship and Citizen Award

Terry Fox Humanitarian Award

Association of Credit Union Employees

Alberta Fish and Game Association

Optimist International

Canadian Association of Principals Student Leadership Award

Young Naturalist Awards

Re/Max Quest for Excellence

Educational Liaison Association of Alberta

Retail as a Career Scholarship

Girl Guides of Canada

Calgary Stampede-Western Art Show Scholarship

Colonel Douglas H. Gunter

Kids Cancer Care Foundation of Alberta

DX Canadian Scholarship Design Competition

Provincial 4-H Scholarship

RBC Scholarships

Invite Right School Tools

Canadian Hospitality Foundation

Orville Erickson Memorial

Dr. Ernest and Minnie Mehl Scholarship

Alberta Committee of Disabilities

Agricore United Members Scholarship

IODE Coronation Bursary

Alberta Association of Municipal Districts and Counties

Alberta Golf Association

Useful Websites

Alberta Student Aid

New Forms are usually available in the middle of May. Applications can be made online
<http://www.studentaid.alberta.ca/>

Scholarship / Loan Information

<https://scholartree.ca/>

The best place to find scholarships or start a scholarship program in Canada

<https://www.affta.ab.ca/funding/special-programs/awards-and-scholarships>

Database to find national and school of choice scholarships

<https://www.smores.com/6d03r-searching-for-scholarships>

Database to find national and school of choice scholarships

<http://www.scholarshipscanada.com>

Database to find national and school of choice scholarships

<http://alis.alberta.ca/et/fo/pay/scholarships.html?EK=11>

Finding scholarships dispersed by AB Gov't, Apprenticeship and other organizations

<https://yconic.com/>

Database to find national and provincial scholarships

www.studentscholarships.org

Database to find national and provincial scholarships

www.internationalscholarships.com

Database to find scholarships for students studying abroad

<https://www.canada.ca/en/employment-social-development/services/education/student-loan.html>

Canada student loans programs

Post-Secondary / Training

www.alis.gov.ab.ca

Premiere site for after high school: Student Loans, Career Transitions, Scholarships, etc.

www.schoolsincanada.com

Searches and links to institutions outside of AB

www.aucc.ca

Association of Universities and Colleges of Canada

www.collegenet.com/

Directory of colleges in the USA

<https://www.topuniversities.com/where-to-study/north-america/united-states/guide>

Post-secondary index for the USA

www.embark.com

College edge career search USA

www.tradesecrets.org

Apprenticeship and labour market info.

Websites for GAP Year and School Exchange Programs

Thinking of Going on Exchange

<http://www.asse.com/>

<http://www.world-heritage.org/>

Things to consider:

-hosting an exchange student of your own first to see what the experience is like from that side

-not every program goes to every country, so look at who offers programs where

-most programs now allow 18yr olds to participate in the high school abroad program or you can also apply for the GAP program.

-talk to our current exchange students and see what input they have

Typical Deadlines for application packages: January or May depending on destination

What to do with a GAP year :

Rotary Long Term Exchange Program – Deadline is typically in November sent to local Rotary

<http://www.yex5360.org>

Agriventure -work on a farm in another country

<http://www.agriventure.com/>

SWAP - working holidays

<http://www.swap.ca/>

other GAP Year Abroad ideas

<http://www.gapyearabroad.ca>

Cross-Cultural Solutions -summer volunteer

<http://www.crossculturalsolutions.org/volunteering-abroad/when/summer-months.aspx>

ME to We - summer or longer opportunities

<http://www.metowe.com/trips/>

Cause Canada -Youth internship program

<http://www.cause.ca/>

Do Something!

<http://www.dosomething.org/>

Youth Challenge International

<http://www.yci.org/html/programs/overview>

Use this to form when asking someone to be a reference for you.

STUDENT NAME: _____ GRADE: _____ AGE: _____

TEACHER'S NAME: How long have you known this teacher? _____

What course(s) have you taken from this teacher? _____

What has your average been in each grade? GRADE 10 _____

GRADE 11 _____

GRADE 12 _____

What academic awards have you received? _____

Extra-Curricular participation: _____

Extra-Curricular Awards: _____

Community Service: _____

Hobbies/Activities Recognition: _____

Reason for this letter: _____

Reason for your choice of this post-secondary institution: _____

What personal strengths do you possess? _____

What areas do you feel you are most in need of improvement? _____

Mailing instructions: _____

Date the letter of reference is required: _____

(Any further comments pertinent to this recommendation should be stated on the back of this form)

This form should be submitted to the teacher/administrator **at least two (2) weeks before the due date**. If you do not give your reference enough time to complete a letter, they may not be able to complete one for you.



Cochrane High Scholarships

The following scholarships require nomination from Cochrane High School. If you are interested in being considered for a scholarship, please complete the 'Application for Scholarships' form. **You will need at least one letter of recommendation from a teacher, coach, employer, or other non-family member. Upon completion, please submit forms to Ms. Lebel in the guidance office by the deadline.**

Loran Scholarship: This is no longer a nominated award. It is one of the most prestigious scholarships valued at \$100,000 each tenable at 25 partner universities in Canada. Each year they offer multiple Loran Awards. **Apply directly on the website: www.loranscholar.ca Deadline: October 15, 2024**

Eligibility Criteria: minimum cumulative average of 85% and applying to partner universities. See the website for information about what they are looking for in the area of leadership and volunteerism.

Queens University Chancellor's Scholarship. CHS can nominate 1 candidate. Annual value of \$9,000 and renewable for 3 years (4 years total). 50 scholarships available.

Eligibility Criteria: 90%+ average and superior academic ability, creative and original thinking and proven leadership qualities. Must attend Queens. As a result, **students who are interested in attending Queens should clearly state this on their nomination form.** STUDENTS APPLY USING THE LINK BELOW. The Cochrane High contact email is tlabel@rockyview.ab.ca. Info: <http://www.queensu.ca/studentawards/admission-awards/major-admission-awards>

Application form due no later than November 15, 2024

Schulich Leadership Scholarship. CHS can nominate 1 candidate. Value of scholarship \$120K for Engineering students and \$100K for Science, Technology or Math.

Eligibility: Student graduating in the current year who is a Canadian citizen or permanent resident who plans to enroll in an **eligible** STEM program at one of the **partner universities**. Must have academic excellence, leadership, charisma, and creativity. Strong consideration will be given to students with financial need. Student must be entrepreneurial minded and planning to pursue a career in Technology, Engineering, Business Entrepreneurship or Applied Scientific Research. Info: <https://www.schulichleaders.com/>

Application form due no later than January 12, 2025

Western National Scholarship Program. See the [website](#) for eligibility and deadlines. **Students who are interested in attending Western should clearly state this on their nomination form.**

Application form due no later than January 12, 2025

Inter Pipeline Discovery Award. See the [website](#) for eligibility requirements.

Application form due no later than April 1, 2025

Citizenship Scholarships from Alberta Government. See [website](#) for eligibility criteria.

Application form due by April 1, 2025



Scholarships and Bursaries Application Package

I wish to be considered for the following scholarships and bursaries:
(Please check off all that apply)

- Queen's University Chancellor's Scholarship (submit by November 15, 2025)
- Schulich Leadership Scholarship (submit by January 12, 2025)
- Western National Scholarship Program (submit by January 12, 2025)

The following all have a deadline of April 1, 2025:

- Bearspaw Foundation Bursary
- Brett Binder Leadership Award
- Citizenship Scholarships from Alberta Government
- Cochrane Home Treasures
- Cochrane High School Class Act
- Cochrane Lions Club
- Danielle Kendall Memorial Scholarship
- Inter Pipeline Discovery Award
- Kiwanis Club of Cochrane
- Kristen Coutts Memorial Scholarship
- Matt Krol Memorial Fund
- Meaghan Kate Foley Memorial Scholarship
- Merrilie Stonewall Award
- Rotary Club of Cochrane U-Start Bursary
- West Fraser Career Development Scholarship
- West Fraser Career Development (Forestry) Scholarship

Your complete application must be submitted -in printed format- to the main office by the application deadline. You may submit a package for each of the November and January deadlines if you wish, and then submit another updated package for April 1st which will replace the earlier submissions.

Please put your application into a large envelope and write your name and 'Scholarship Application Package' on the front.



Cochrane High School Application for Scholarships and Bursaries

Student Name:

Contact Information (Phone & Email):

Scholarship(s) You Want to be Nominated For:

Your Career Objective and Intended program of Study:

Post-Secondary Institution of Choice:

**** PLEASE GET AT LEAST 1 LETTER OF RECOMMENDATION TO SUBMIT WITH THIS FORM ****

Part 1:

Please complete & create the 'Record of Accomplishments' chart as a summary highlighting your accomplishments during your high school years (see next page for details). Please include the following areas as applicable:

1. Contributions to CHS
2. Community Services & Volunteering (i.e. activities you participated in outside of school, not mandated by your courses work)
3. Leadership (led or started various activities, influenced others, and/or made improvements/changes)
4. Extra-curricular activities including sports and work

Part 2:

Please answer the following questions in essay format (suggested in 250 words or less each question)

- What awards and recognition have you received? Both academic and non-academic
- What Achievements you are most proud of & why?
- What personal strengths do you possess?
- What areas do you feel you are the most in need of improvement?
- What obstacles have you overcome?
- Please write a short statement on how education is important to you:
- Some of the scholarships consider financial need as one of the criteria. If this applies, please provide as much detail about your situation as you are comfortable sharing.

Guidelines for the 'Record of Accomplishments'

Grade	The Grade the student was in when participating in the activity or project
Activity	Briefly describe the activity or project
Role	Student's role, e.g. did the student lead, initiate, participate or organize?
Results/Impact	Consider / describe: What was accomplished? Did the student's participation make a difference? Would the activity have taken place without their participation? Will the activity or project continue after the student has left the high school?
Level of Involvement	Describe the extent of the student's involvement. E.g. is the student passionate about the activity? How much time/effort was devoted to the activity/project?

Record of Accomplishments Format: For each area, complete the Record of Accomplishments using the following format. Note: the completed chart for the CHS contributions must be verified and signed by the relevant staff member in the school. For the other areas, if you can provide referee(s) as applicable that can be called upon to verify your involvement. **The form is fillable so add as many extra rows as you need.**

Contributions to CHS				Level of Involvement:	
Grade	Activity	Role	Results/Impact	Hours/month	# of months

Verified by: (name) _____ and signature: _____

Community Service & Volunteering				Level of Involvement:	
Grade	Activity	Role	Results/Impact	Hours/month	# of months

Verified by: (name) _____ and signature: _____

Leadership				Level of Involvement:	
Grade	Activity	Role	Results/Impact	Hours/month	# of months

Verified by: (name) _____ and signature: _____

Extracurricular				Level of Involvement:	
Grade	Activity	Role	Results/Impact	Hours/month	# of months

Verified by: (name) _____ and signature: _____

Please initial all that apply:

_____ I have verified that I meet the stated requirements outlined on the scholarship website for the scholarship nominations that I am seeking.

_____ I am able to show documentation of financial need if necessary. If this applies to you, please include a description explaining the need below.

As applicable:

Name & phone number/email of referee:
 _____ for activity/area: _____

Name & phone number/email of referee:
 _____ for activity/area: _____

Name & phone number/email of referee:
 _____ for activity/area: _____

Tips on Filling Out a Successful Application

- Start the application form in plenty of time to complete it.

Some forms are 5-7 pages long, requiring an essay, and/or references.

- Complete and send the application ON TIME.

Most will not consider late applications. **Pay attention to the difference between posted by and arrived by.**

- Think about lining up a few reference letters that are generic; for example, Dear scholarship committee...

Having these on hand will save you from scrambling. Ask your potential reference 2 weeks in advance. See last page of this booklet for a reference form.

- Read the instructions CAREFULLY.

If it says to print, print it. Other requests: Black ink only, provide multiple copies, provide a self-addressed envelope, upload video links, etc. If it says a 250-word essay, do not hand in 5 pages. You will disqualify yourself.

- If you can, research the company or group giving out the scholarship.

They are doing this for PR for themselves and their cause, so it can only help to know a bit about them.

- Keep a list for yourself of which scholarships you are applying for, when the deadlines are, the amounts awarded, and when a successful applicant will be chosen.

- Pay attention to the fine print.

Many scholarships pay the institution directly and possibly not until you have successfully completed a semester or full year of school, so you have to provide proof of marks and registration.

- If you are awarded a scholarship, always send a thank-you note.

- Tell Guidance and Administration of your good fortune so you can be an inspiration.

Tips on How to Write a Winning Essay

- Remember that what is most important is what you say and how you say it. Whatever else you do, be sure to **answer the questions** the admissions committee is asking.
- Determine what you would tell the admissions committee member if you had five minutes to answer the question; **“What is most important for us to know about you?”** This exercise will force you to do the thinking that must precede the preparation of an effective personal essay, as well as get you prepared for any selection interviews.
- When appropriate, find an angle and **tell a story** about yourself. When preparing a personal essay, often it is appropriate and useful to include material that is quite personal in nature.
- Grab the reader’s attention in your opening paragraph.
- **Review your life** carefully – with outside help, if necessary – to make certain you are including all relevant information.
- **Be selective.** Do not introduce inappropriate material or get into much detail that your judgement can be called into question.
- Try to maintain a **positive and upbeat tone.** While it is often useful to deal candidly with aspects of your history that might be perceived negatively, overall, you still want to project confidence and enthusiasm.
- **Be specific** when appropriate, avoid potentially controversial subjects, express yourself clearly and concisely, and adhere to stated word limits.
- **Be meticulous.** Type and proofread your essay carefully.
- Think about what you are saying. Is it interesting, relevant, different, and memorable?
- **Be honest.** Are you being yourself and revealing yourself? In many instances people are interested in finding out about who you are, and they appreciate honesty and candour.
- Watch that you are **providing something more** than a recitation of information available elsewhere in the application.